

THE ECO-FRIENDLY ALPHABET

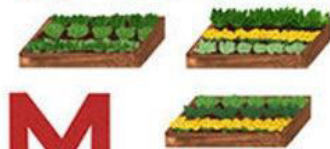
A Avoid single-use plastic items like bags, cutlery & straws



I Incorporate vegetarian meals into your weekly dinner plans

J Join a community garden

Lend books



L start a little free library

M Plant milkweed for monarchs



P Protect pollinators by avoiding pesticides



N Use natural alternatives to chemical cleaners



Q Quit one environmentally-harmful habit



S Shop secondhand

T Take reusable totes to the grocery store & farmer's market



X Limit excessive use of paper & plastic

Y Bring your own to-go cup to the coffee shop

U Use a rain barrel in your yard



V Volunteer for an environmental non-profit

W Wear ethically-made clothing



Z a zero-waste future